

Neurodiverse-Inclusive Lactation Practice™

Checklist

Intake forms include Autism Spectrum Condition, ADD, ADHD, Dyslexia, and Sensory Sensitivities.

Clinic staff have entry level knowledge of common neurodiverse conditions, e.g. Autism Spectrum Condition, ADD, ADHD, Dyslexia.

Clinic staff are willing to adjust lighting, minimize environmental noise, and limit the number of people in the room when possible.

Educational materials are available in dyslexic-friendly fonts and accessible learning options for those with disabilities.

Staff allows time for transitions and other environmental changes when ever possible, e.g. waiting room to exam room.

Clinic provides alternative seating options that support the need for movement, e.g. motion stool, ball chair, rocking, or swivel seat.

Clinic employs and/or can refer to Lactation Consultants that are neurodiverse specialists, occupational therapists, or psychologists.

Clinic environment has signage reflecting that they are neurodiverse-friendly.